



## Learn to Curl Clinics

The Rutland Rocks Curling Club and the Rutland Recreation Department are pleased to offer the following opportunities for those interested in learning to curl. Please remember that space is limited for each session! If there is enough interest, additional sessions will be added.

The Learn to Curl Clinic will teach you the basics of curling, beginning off-ice where you will learn about: the ice, equipment, warm-up and safety, etiquette, techniques for the delivery and sweeping, basic rules and strategies of the game. After the off-ice instruction, you will practice the ABC's of the delivery, sweeping the rock and ultimately play an end or two! The cost of the Learn to Curl Clinic is \$35. (If you join the club, \$15 of this fee will be applied to your 10/11 Membership!!)

### Scheduled Learn to Curl Clinics:

- |   |                 |
|---|-----------------|
| <input type="checkbox"/> Wednesday, November 10, 2010 | 6:00 ~ 9:00 pm  |
| <input type="checkbox"/> Sunday, November 14, 2010    | 7:00 ~ 10:00 pm |
| <input type="checkbox"/> Sunday, December 5, 2010     | 6:00 ~ 9:00 pm  |
| <input type="checkbox"/> Sunday, January 16, 2011     | 6:00 ~ 9:00 pm  |

(Additional Learn to Curl Sessions will be added as needed, please check our website for details)

**Please Sign Me Up!!** Please check the Clinic you would like to attend, above:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

All Clinics are held at Giorgetti Arena, 2 Oak Street, Rutland, Vermont. Please plan on being at Giorgetti at least 15 minutes prior to the start of the Clinic. To ensure your comfort and safety on the ice, we suggest that you wear loose, comfortable clothing, and dress in layers. Please be sure to have a pair of clean, flat, rubber-soled shoes to wear on the ice. All other equipment will be provided.

To sign up for one of our Learn to Curl Clinics, please contact the Rutland Rocks Curling Club at [rutlandrocksccl@yahoo.com](mailto:rutlandrocksccl@yahoo.com) or you may contact the Rutland Recreation Department at 773-1822.

Or you may return this form, with payment to:

Rutland Rocks Curling Club  
1 Hill Pond Road  
Rutland, VT 05701